

Global Assessment of Functioning

- 100-91 **Superior functioning in a wide range of activities;** life's problems never seem to get out of hand; is sought out by others because of his or her many positive qualities. No symptoms.
- 90-81 Absent or minimal symptoms (e.g., mild anxiety before an exam); **good functioning in all areas;** interested and involved in a wide range of activities; socially effective; generally satisfied with life; no more than everyday problems or concerns (e.g., an occasional argument with family members).
- 80-71 If **symptoms** are present, they are **transient** and expectable reactions to psychosocial stressors (e.g., difficulty concentrating after family argument); no more than **slight impairment** in social, occupational, or school functioning (e.g., temporarily falling behind in schoolwork).
- 70-61 **Some mild symptoms** (e.g., depressed mood and mild insomnia) OR **some difficulty** in social, occupational, or school functioning (e.g., occasional truancy, theft within the household), but generally functioning pretty well; has some meaningful interpersonal relationships.
- 60-51 **Moderate symptoms** (e.g., flat affect and circumstantial speech, occasional panic attacks) OR **moderate difficulty** in social, occupational, or school functioning (e.g., few friends, conflicts with peers or co-workers).
- 50-41 **Serious symptoms** (e.g., suicidal ideation, severe obsessional rituals, frequent shoplifting) OR **any serious impairment** in social, occupational, or school functioning (e.g., no friends, unable to keep a job).
- 40-31 **Some impairment in reality testing or communication** (e.g., speech is at times illogical, obscure, or irrelevant) OR **major impairment in several areas**, such as work or school, family relations, judgment, thinking, or mood (e.g., depressed adult avoids friends, neglects family, and is unable to work; child frequently beats up younger children, is defiant at home, and is failing at school).
- 30-21 Behaviour is **considerably influenced by delusions or hallucinations** OR **serious impairment in communication or judgment** (e.g., sometimes incoherent, acts grossly inappropriately, suicidal preoccupation) OR **inability to function in almost all areas** (e.g., stays in bed all day; no job, home, or friends).
- 20-11 **Some danger of hurting self or others** (e.g., suicide attempts without clear expectation of death; frequently violent; manic excitement) OR **occasionally fails to maintain minimal personal hygiene** (e.g., smears feces) OR **gross impairment in communication** (e.g., largely incoherent or mute).
- 10-1 **Persistent danger of severely hurting self or others** (e.g., recurrent violence) OR **persistent inability to maintain minimal personal hygiene** OR **serious suicidal act with clear expectation of death**.
- 0 **Inadequate information.**