

## Code Updates / Corrections

- **Intellectual disability (intellectual developmental disorder):** The new ICD-9-CM codes (and ICD-10-CM codes, which follow in parentheses) that should be used to indicate severity are 317 (F70) Mild, 318.0 (F71) Moderate, 318.1 (F72) Severe, and 318.2 (F73) Profound.
- **Language disorder:** The new ICD-9-CM code (and ICD-10-CM code) that should be used is 315.32 (F80.2).
- **Bipolar I disorder, current or most recent episode hypomanic, in partial remission:** The updated ICD-9-CM code (and ICD-10-CM code) that should be used is 296.45 (F31.71).
- **Bipolar I disorder, current or most recent episode hypomanic, in full remission:** The updated ICD-9-CM code (and ICD-10-CM code) that should be used is 296.46 (F31.72).
- **Selective mutism:** The new ICD-9-CM code (and ICD-10-CM code) that should be used is 313.23 (F94.0).
- **Trichotillomania (hair-pulling disorder):** The new ICD-9-CM code (and ICD-10-CM code) that should be used is 312.39 (F63.3).
- **Insomnia disorder:** The new ICD-9-CM code (and ICD-10-CM code) that should be used is 307.42 (F51.01).
- **Hypersomnolence disorder:** The updated ICD-9-CM code (and ICD-10-CM code) that should be used is 307.44 (F51.11).
- **Conduct disorder, adolescent-onset type:** The updated ICD-9-CM code (and ICD-10-CM code) that should be used is 312.82 (F91.2).
- **Kleptomania:** The updated ICD-9-CM code (and ICD-10-CM code) that should be used is 312.32 (F63.2).
- **Binge eating disorder (BED):** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as bulimia nervosa (307.51). APA is recommending that BED be added to ICD-10-CM and temporarily be given the same code as “other” eating disorders (F50.8). APA also has asked the NCHS to consider giving BED its own code in the future, rather than having to continually share the same code as “other eating disorders.”
- **Disruptive mood dysregulation disorder:** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as other specific episodic mood disorder (296.99). APA is recommending that this disorder be added to ICD-10-CM and temporarily be given the same code as other persistent mood (affective) disorder (F34.8) until a unique code can be approved in the ICD revision conference.

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- **Social (pragmatic) communication disorder:** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as other developmental speech or language disorder (315.39). APA is asking that this disorder be listed under other developmental disorders of speech and language (F80.89). Further, APA is asking that the ICD-10-CM note that use of this code excludes use of the code for autism spectrum disorder (ASD), as children with ASD have a presentation different from those with social (pragmatic) communication disorder.
- **Hoarding disorder:** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as obsessive-compulsive disorders (OCD) (300.3). APA is recommending that hoarding disorder be added to ICD-10-CM and temporarily be given the same code as obsessive-compulsive disorder (OCD; F42). However, given that hoarding disorder and OCD are distinct conditions, APA prefers that the NCHS eventually assign unique codes in future revisions for both OCD and hoarding disorder.
- **Excoriation (skin picking) disorder:** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as dermatitis factitia (artefacta) (698.4). APA initially recommended that this disorder be added to ICD-10-CM and given the same code as factitial dermatitis (L98.1). However, given that this is an OCD-related disorder, the NCHS officials at the recent revision conference preferred to temporarily assign this to the same F42 code as OCD with an exclusion of the factitial dermatitis (L98.1) code until a separate F42.x code can be assigned in 2015—this is to avoid a one-year trend increase in the L98.1 domain. Since ICD-10-CM codes are not yet in use, this issue will be resolved and posted when it is final.
- **Premenstrual dysphoric disorder (PMDD):** This disorder is not listed in ICD-9-CM or ICD-10-CM. In ICD-9-CM, it is coded with the same code as premenstrual tension syndromes (625.4). APA initially recommended that PMDD be added to ICD-10-CM and given the same code as premenstrual tension syndrome (N94.3). However, given that premenstrual tension syndrome is generally considered a normal physiological state and not a mental disorder, the NCHS officials preferred that this receive a temporary code in the Depressive Disorders section (F33.xx) rather than in the N94.3 section. The decision on this code will be posted when final.
- Additionally, APA petitioned for revisions to the ICD-10-CM listing for **gender dysphoria** in adolescents and adults, which is not a new disorder. The previous recommendation for the coding and listing of gender identity disorder in ICD-10-CM was to assign it the code of F64.1, which corresponds to dual-role transvestism.
- Dr. Regier noted that this was an inappropriate designation, as transvestism and gender identity disorder are different phenomena. Further, DSM-5 has revised its conceptualization and

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terminology such that the disorder is now called gender dysphoria rather than gender identity disorder. APA is recommending that ICD-10-CM list this disorder as gender dysphoria in adolescence and adulthood, using the ICD-10 code that corresponds to transsexualism (F64.0).